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**CALIFORNIA JPIA WORKSHOP DESCRIPTION**

The American Red Cross CPR/AED training teaches participants how to respond to victims of sudden cardiac arrest and how to operate an automated external defibrillator (AED). Focusing on typical (AED) equipment, this course features hands on simulation, lectures, and live video demonstrations. Participants who successfully complete the course will receive American Red Cross CPR and AED certification that is valid for one year.

**THE FOLLOWING TOPICS WILL BE COVERED**

- The three general steps in the emergency plan
- How to check a conscious or unconscious victim
- Signs and symptoms of a heart attack
- How to give CPR
- How to perform rescue breathing
- AED operation

**WHO SHOULD ATTEND**

Park and Recreation Employees, Public Works Employees, Public Works – Facilities Maintenance, Public Works – Landscape Maintenance, Public Works – Street Maintenance, Public Works – Water/Sanitation

**PRESENTED BY**

**Marsha McNamara, American Red Cross**

The American Red Cross provides certified instructors who receive standardized instructor training and are highly qualified. The handout materials used by the instructors for training are developed in collaboration with leading educational and medical authorities and reflect the most current information and techniques.

**Thursday, March 25, 2010**

**8:00 AM - 12:30 PM**

**Location: Big Bear Lake - City Hall**

**39707 Big Bear Boulevard**