



### **CALIFORNIA JPIA WORKSHOP DESCRIPTION**

This American Red Cross certified course fulfills the requirements for CPR training as outlined in Cal-OSHA General Industry Safety Orders §3400. This course features hands on simulation, lectures, and live video demonstrations. Participants gain the knowledge and skills necessary to prevent, recognize and provide basic care for breathing and cardiac emergencies in infants, children, and adults, and handling emergency situations until advanced medical personnel arrive. The American Red Cross CPR certification is valid for one year; the first aid certification is valid for three years. The Authority offers CPR/First Aid training to the following job classifications: Tree Trimmers, Title 8 CCR GISO §3421; Confined Space Attendants/Entrants, Title 8 CCR GISO §5157; Child Care providers, as required by California Health and Safety Code, Assembly Bill 243; and those employees whose job analyses specifically require CPR certification. Due to the American Red Cross instructor-to-participant ratio, we are unable to accommodate walk-ins.

### **THE FOLLOWING TOPICS WILL BE COVERED**

- The three general steps in the emergency plan
- How to check a conscious or unconscious victim
- Signs and symptoms of a heart attack
- How to give CPR
- How to perform rescue breathing
- Learn to control bleeding; care for muscle, bone, and joint injuries; and provide general care for burns

### **WHO SHOULD ATTEND**

Lifeguards, Park and Recreation Directors, Park and Recreation Employees, Public Works Directors, Public Works Employees

### **PRESENTED BY**

#### **Marsha McNamara, American Red Cross**

The American Red Cross provides certified instructors who receive standardized instructor training and are highly qualified. The handout materials used by the instructors for training are developed in collaboration with leading educational and medical authorities and reflect the most current information and techniques.

**Friday, March 26, 2010**

**8:00 AM - 4:00 PM**

**Location: Rosemead - Rosemead Community Center  
3936 North Muscatel Avenue**