



CALIFORNIA JPIA WORKSHOP DESCRIPTION

This American Red Cross certified workshop fulfills the requirements for CPR and first aid training as outlined in Cal-OSHA General Industry Safety Orders §3400. The workshop focuses on workplace scenarios and will give participants the skills necessary to recognize and provide basic first aid care for injuries and sudden illnesses until advanced medical personnel arrives. The American Red Cross CPR certification is valid for one year; the first aid certification is valid for three years. The Authority offers CPR/First Aid training to the following job classifications: Tree Trimmers, Title 8 CCR GISO §3421; Confined Space Attendants/Entrants, Title 8 CCR GISO §5157; Child Care providers, as required by California Health and Safety Code, Assembly Bill 243; and those employees whose job analyses specifically require CPR certification. Due to the American Red Cross instructor-to-participant ratio, we are unable to accommodate walk-ins.

THE FOLLOWING TOPICS WILL BE COVERED

- The three general steps in the emergency plan
- How to check a conscious or unconscious victim
- Signs and symptoms of a heart attack
- How to give CPR
- How to perform rescue breathing
- Learn to control bleeding; care for muscle, bone, and joint injuries; and provide general care for burns

WHO SHOULD ATTEND

Park and Recreation Employees, Public Works – Water/Sanitation, Public Works – Facilities Maintenance, Public Works – Landscape Maintenance, Public Works – Street Maintenance, Public Works Employees

PRESENTED BY

Marsha McNamara, American Red Cross

The American Red Cross provides certified instructors who receive standardized instructor training and are highly qualified. The handout materials used by the instructors for training are developed in collaboration with leading educational and medical authorities and reflect the most current information and techniques.

**Tuesday, July 15, 2008
8:00 AM - 3:00 PM**

**Location: Paramount - Progress Park Preschool
15500 Downey Avenue**